

FAQ

Are they easy to assemble?

Yes, it should take about 45 minutes. We provide you with an easy to read 'step by step' manual. The sauna arrives flat packed in 5 boxes, this also makes it easier to take with you if you ever decide to move house. All wall sections are made to fit together precisely, this ensures that our saunas are very rigid and have a solid construction. Tools are also included at no extra cost.

Does the Sauna require any ventilation or plumbing?

The sauna cabin is self-venting and requires no plumbing. There is a sliding vent to control the exhaust of hot air, and the unit stands off the floor on 4 cleverly designed supports, so no further venting is required, and your floor remains protected.

Is it difficult to assemble the sauna in a restricted area such as a loft or basement?

Atlantic saunas are supplied flat packed for assembly on site. Providing you can get the panels through any loft door etc. there will be no difficulty to assemble the cabin. By using advanced Far Infrared technology, a sauna can be installed in any room (even on carpet) and only requires a standard 13 Amp plug socket. Unlike old style steam saunas there is no need for venting, special wiring or special flooring. Your spare room, conservatory, garage or any spare space can become a centre for relaxation and wellness.

Can the sauna be used outdoors?

Only if installed in a garden building such as a summer house or a shed. Please check out outdoor range of saunas

Do you offer an installation service?

Yes, we do offer installation, however this is an extra service. As our saunas are packed flat, they are transported and moved around the home easily, they are easily assembled and include clear simple instructions. This means that we do not charge you extra for things you can easily assemble on your own. So, for this reason most of our customers choose to do this job themselves. If you would like to add assembly to your order, please contact customer services.

How much clearance is required?

We recommend a clearance of 15cm from the roof of the sauna. This means that we would recommend installing the sauna with a minimum height of 205cm.