

## Ski Max 2.0

The Ski Max 2.0 makes the sport of Nordic skiing available to everyone. Long recognized as delivering one of the toughest workouts around, Nordic skiing develops both strength and endurance and exercises the legs as well as the arms and core. The SkiErg can be used for both double pole and classic alternating arm technique.



Handles



Flywheel & Damper



D3 Display



Floor Stand Sold Separately



### Technical Specifications

<b>Frame</b>	Steel
<b>Finish</b>	Powder Coated
<b>Recommended Space</b>	<p>Wall Mounted:</p> <ul style="list-style-type: none"> <li>- Width at bottom: 46cm   18inches</li> <li>- Width at top: 55cm   21.7inches</li> <li>- Depth: 41cm   16.1cm</li> <li>- Height: 218cm   85.9inches</li> </ul> <p>The Floor Stand:</p> <ul style="list-style-type: none"> <li>L 127 x W 59 x H 218 cm</li> <li>L 50 x W 23.2 x H 85.9 inches</li> </ul>
<b>Machine Weight</b>	28.6 kg/63.1 lbs
<b>Floor Stand Weight</b>	15 kg/33.1 lbs
<b>Assembled Dimensions (Mounted on the floor stand)</b>	<ul style="list-style-type: none"> <li>L 127 cm x W 59 cm x H 218 cm</li> <li>L 50 in x W 23.2 in x H 85.9 in</li> </ul>

### Key Features

<b>Performance Monitor</b>	•
<b>Free Standing or Wall Mounted</b>	•
<b>High Strength Drive Cords</b>	•
<b>Flywheel and Damper</b>	•
<b>Ergonomic Strapless Handles</b>	•
<b>Durable Construction That's Easy to Maintain</b>	•
<b>Easy Assembly</b>	•

### Electrical Specifications

<b>Power</b>	Takes two D cell batteries. During your workout, the monitor draws power from the spinning flywheel to extend battery life.
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### Display Specification

<b>Display</b>	D3 Monitor
<b>Display Feedback</b>	Date & Time, RPM, Time/1km, AVG Time/1km, Time, Cycle, Level, Watts, AVG Watts, Pulse, Drag Factor, Total Distance, Total Distance/30min, Calories, Calories/HR, Split, Memory
<b>Connectivity</b>	Bluetooth FTMS protocol, App: Kinomap, D-fit