



Target muscles in your core, arms and legs simultaneously and get a full body cardio workout with the Half Human air ski machine. For smooth, fluid motion and a natural feel, this versatile indoor skiing machine offers 10 levels of air resistance providing challenge and variety. Perfect for double pulls and a traditional alternating arm technique, the ski machine is suitable for HIIT workouts and sprint-based training. Featuring Bluetooth connectivity and a built-in smart device holder, it lets you get accurate motion recording, analyse performance, and explore the world with the compatible D-fit and Kinomap apps. It boasts an intuitive 5" LCD display to keep track of your progress and has a selection of 8 motivating onboard workouts enabling you to build endurance and tone the entire body.

Key Features

Air resistance ski machine with an included floor stand
Resistance: 10 levels of air resistance
Console: 5" backlit LCD screen
Console Feedback: Time, pulse, calories, calories/h, stroke rate, time/500m, distance, distance/30 minutes, Watts, cycle
Programmes: 8 (manual, 3 countdown including distance, time and calories, 2 interval, 1 custom, 1 game)
Bluetooth Connectivity: Yes
Compatible Applications: D-fit, Kinomap
Heart Rate Measurement: Bluetooth Smart wireless receiver (chest strap not included)
Additional Information: Smartphone holder
Transport Wheels: Yes
Dimensions: Length=120cm (47"), Width=59cm (23"), Height=210cm (83")
Product Weight: 40kg (88lbs)
Max. User Weight: 150kg (331lbs)
Power Supply: Self-powered
Warranty Type: Commercial use
Warranty: 2 years