



AbCoaster CS1500

The perfect model for PTs, hotels and the home

The AbCoaster is THE original award-winning abs workout machine. For over 10 years, the AbCoaster has been used in millions of homes around the world to *Change Lives from the Core*. The AbCoaster offers an ultra-smooth ride, adjustable hand grips, a multi-angle free-style motion seat and plate-loading posts to add extra weights for advanced users. The newly re-designed AbCoaster CS1500 is perfect for personal training studios, hotels, light commercial and home use.



AbCoaster CS1500

The **AbCoaster CS1500** features ultra smooth stainless steel rails, adjustable hand grips, free-style motion seat, weight storage post, new stronger, thicker handle and upgraded front and rear legs. The CS1500 combines the simplicity of the ab crunch with the effectiveness of the hanging leg raise. The curved track mimics natural spinal flexion, allowing anyone to perform an abdominal lift in perfect form, regardless of fitness level.



£1,194.00 INC VAT

SKU: ABS2003

- Solid steel construction
- 181kg (400lbs) user weight capacity
- 14kg (30lbs) weight capacity
- Stainless steel rails
- Free-style motion seat
- Weight storage post
- Easy move castors
- Ultra-glide nylon rollers
- Urethane moulded padding
- Upgraded front and rear legs

Dimensions:

L: 135 x 69 x W: 135cm
(53 x 27 x 53 inches)

Unit weight:

41kg (90lbs)

Warranty:

5 years frame, 1 year parts, 6 months wearable items



PERFORMANCE FEATURES & SPECIFICATION