



blackPack® weight vest

6 in 1 bodyweight training vest

Weight vests tend to come with fixed weight bags that can only be accessed from the inside. The blackPack® unisex vest does it differently. Its weight bags can be added and removed from the outside when you require a change of weight for a different exercise. There's no need to take off the vest to change the weight. Thanks to its six velcro pockets, it can be easily loaded and unloaded within seconds, even during the workout. With sand you can reach a total weight of up to 10kg (22lbs), and with steel shots you can even go as high as 25kg (55lbs).

blackPack®



The **blackPack®** unisex vest is unique in that its weight bags can be added and removed from the outside when you want a change of weight for a different exercise. Traditional weight vests come with fixed weight bags that can only be accessed from the inside. The **blackPack®** offers more efficient training opportunities, giving you an incredible 6 weight vests in one.

Increase your bodyweight

Weight vests are an effective tool to make bodyweight training more challenging. The vests increase your bodyweight and, thus, the training resistance in exercises like squats, dips, and pull-ups.

Easy to clean

The side parts of the **blackPack®** vest are open to allow for good air circulation. The inner surface is made from PVC and can be cleaned easily with a wet cloth. This prevents the typical odour development of other weight vests.

Available weight 5 - 25kg

The choice is yours. You can order the vest unloaded, or let us fill it for you so you can start your bodyweight training right away.



blackPack vest unfilled

£149.00 INC VAT

SKU: 000186_UNFILLED

blackPack vest 5kg

£155.00 INC VAT

SKU: 000186_5KG

blackPack vest 10kg

£159.00 INC VAT

SKU: 000186_10KG

blackPack vest 15kg

£169.00 INC VAT

SKU: 000186_15KG

blackPack vest 20kg

£179.00 INC VAT

SKU: 000186_20KG

blackPack vest 25kg

£189.00 INC VAT

SKU: 000186_25KG

- The blackPack® unisex vest offers an incredible 6 weight vests in 1
- Increases training resistance in squats, dips and pull-ups
- Swift addition and removal of weight bags from the outside, without the need to take off the whole vest
- Tough textile with strong seams and smooth outside structure
- Hygienic sweat-repellent inner surface
- Easy to clean
- Online DVD with introduction video, training plans and real time workouts

Training weight range:

5 - 25 kg

Up to 10kg of weight requires sand filling

15 - 25 kg weight uses metal shot

Maximum weight of training sand:

10kg

Maximum weight of steel shots:

25kg

Warranty: 1 year

PERFORMANCE FEATURES & SPECIFICATION

