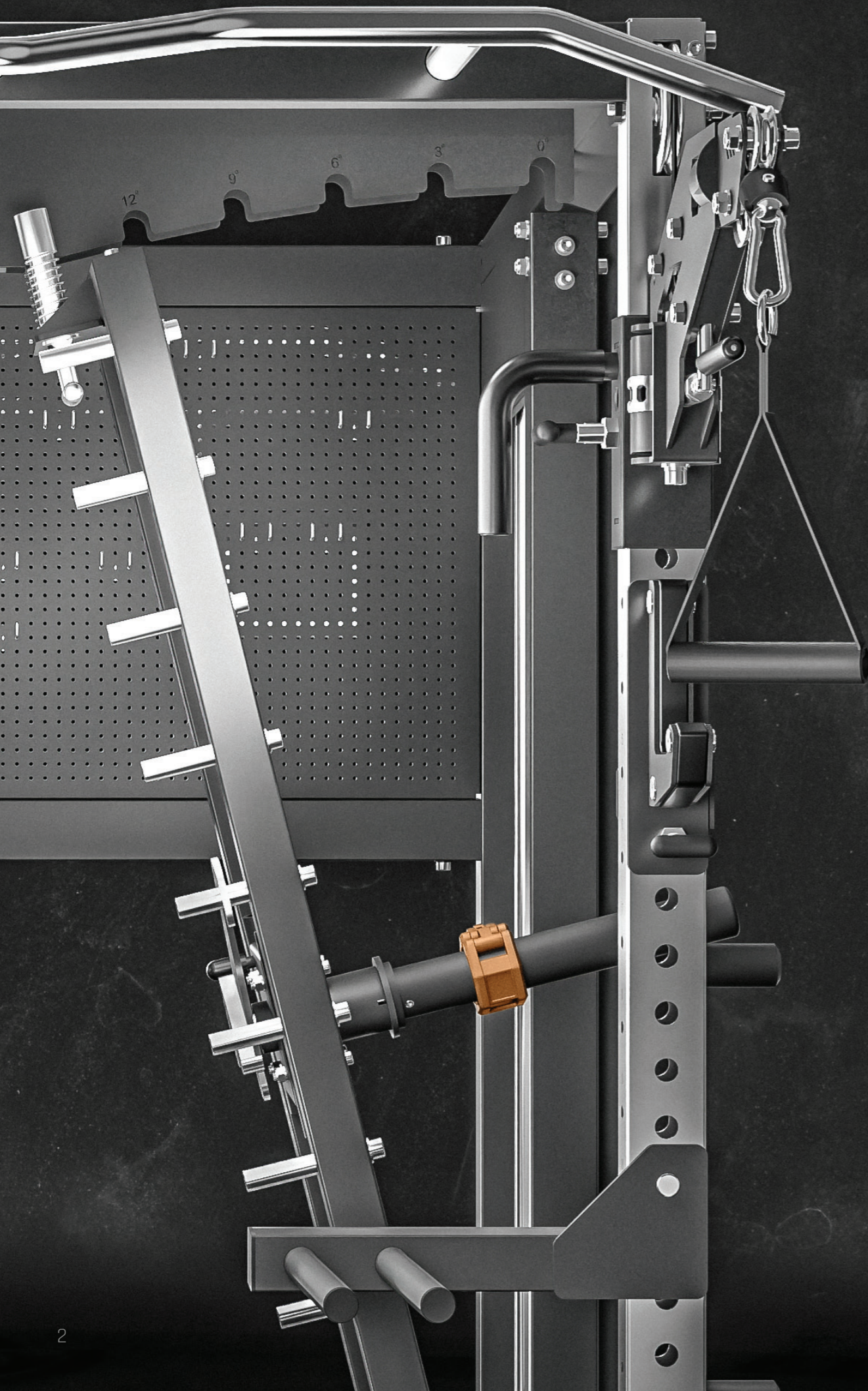


BRUTE
force[®]
AUSTRALIA



ALFA



BIGGEST CHANGE YET

BRUTEforce® Australia continues to dominate the world's home gym market with our forward thinking innovations. We strive to create new and inspiring ideas that enhance every aspect of your home workout.

ALFA's new Adjustable Converging Smith is no exception.

QUALITY IS CRUCIAL

High-grade steel and top quality fixings combine to solidify the structural core of this machine. Strong welds are a vital key in ensuring structural integrity.

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FEATURES THAT COME STANDARD

3D FRONT PULLEY SYSTEM

22 vertical settings, 7 horizontal settings, and full 360° swivel.

BARs & HANDLES

D-Handles, tricep rope, V-Grip handle, short bar, long bar.

J-Hooks

Heavy duty front rack J-Hooks with 33 height settings.

DIPPING HANDLES

Sturdy, multi grip dipping handles for the front rack.

SPOTTER ARMS

Heavy duty front rack spotter arms for assured safety.

LAT PULL DOWN SEAT

Comfortable seat with leg anchoring foam rollers.

CORE TRAINER

Suited for both Olympic and regular sized bars.

MULTI GRIP CHIN UP BAR

Four different knurled grips to add variety to your chin ups.

ALUMINIUM PULLEYS

Smooth aluminium pulleys are fitted throughout the machine.

STORAGE

Rearranging rear storage hooks and weight plate horns.

ADJUSTABLE CONVERGING SMITH

6 different angle adjustments. Choose from: 0°-3°-6°-9°-12°-15°

TWIN 90KG WEIGHT STACKS

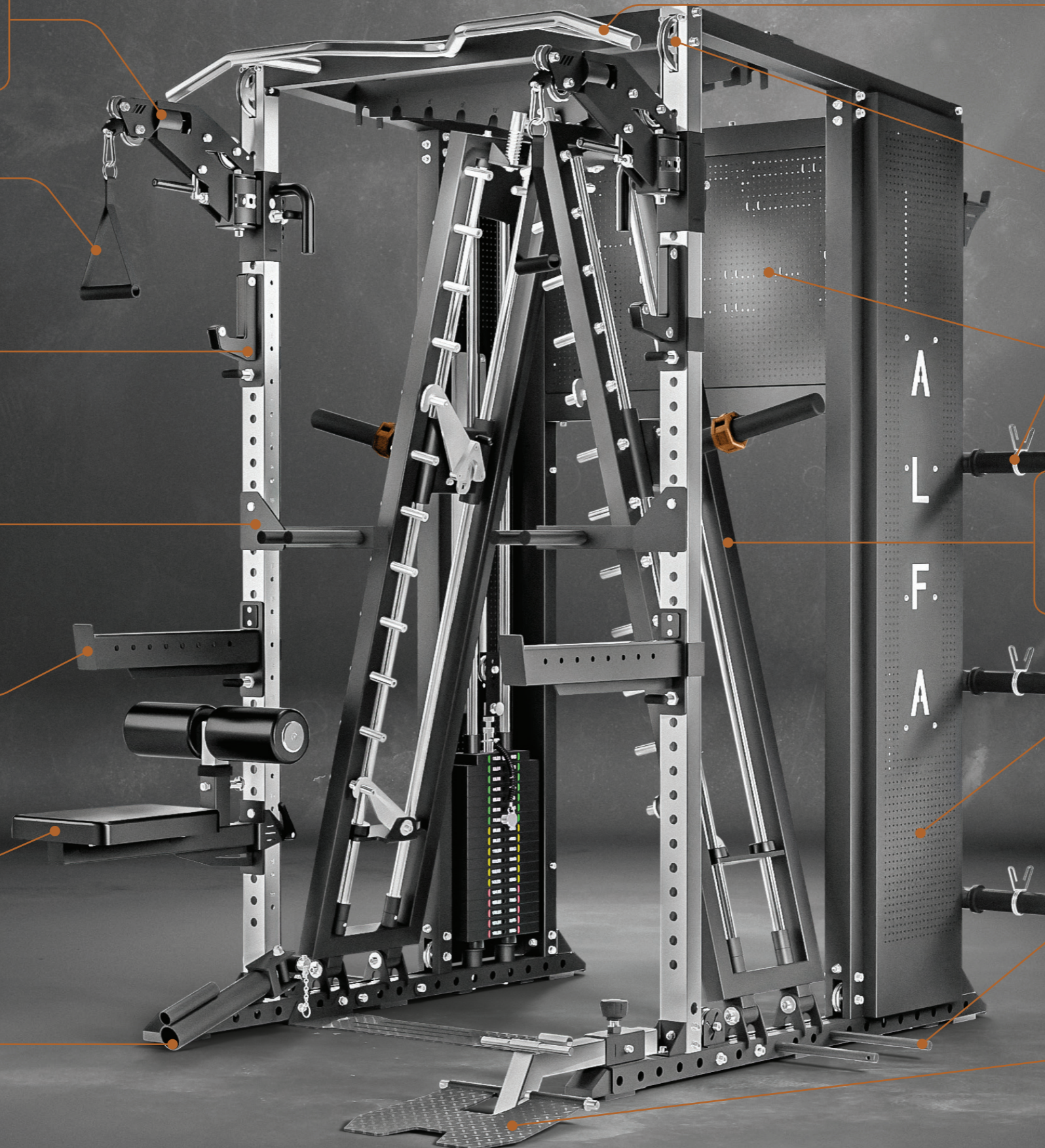
Solid precision cut steel twin weight stacks for cable exercises.

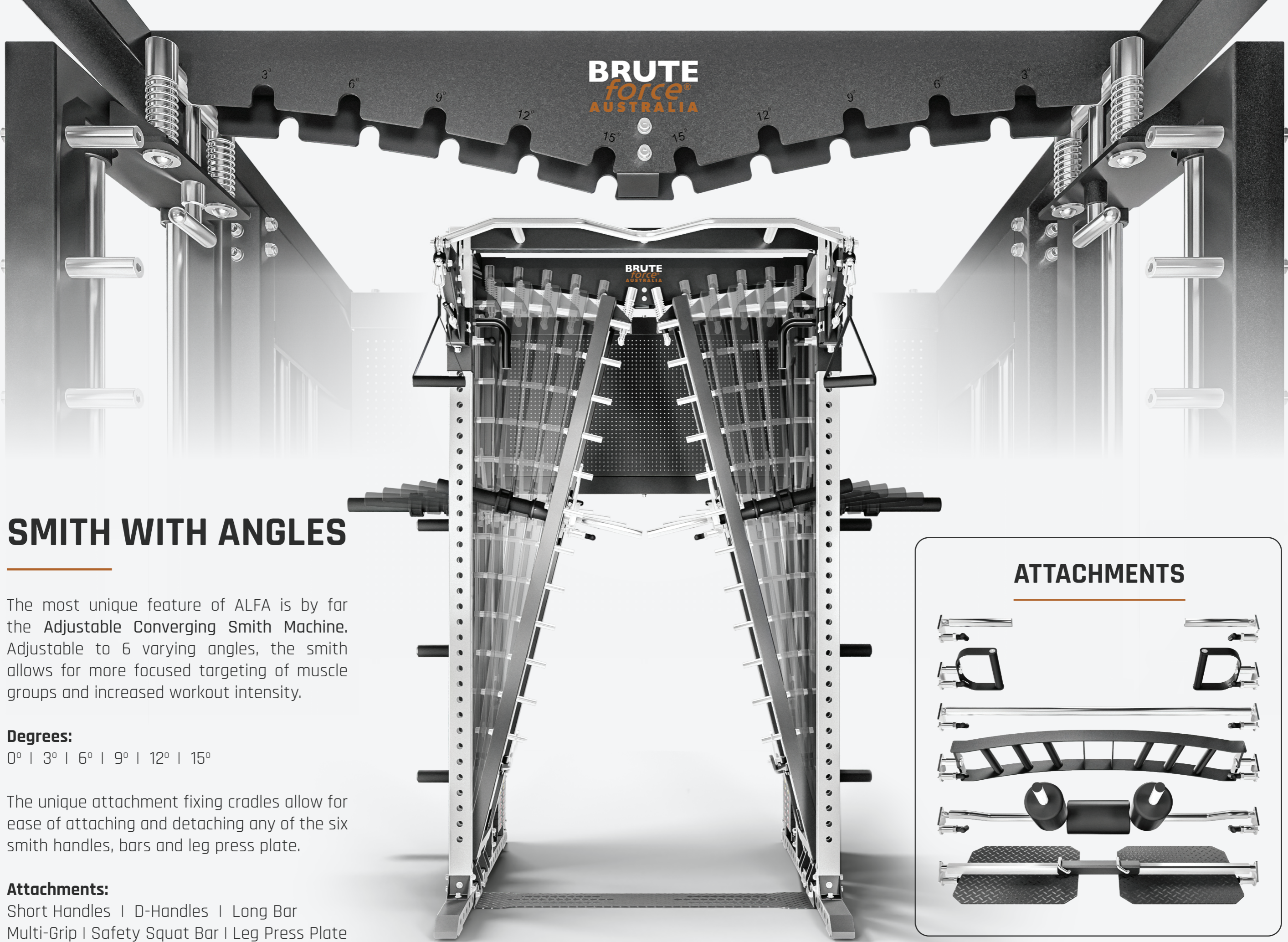
BAND PEGS

Adjustable resistance band pegs for added workout loads.

SEATED ROW FOOT PLATE

Sturdy anchoring system for light to heavy seated rows.





SMITH WITH ANGLES

The most unique feature of ALFA is by far the Adjustable Converging Smith Machine. Adjustable to 6 varying angles, the smith allows for more focused targeting of muscle groups and increased workout intensity.

Degrees:

0° | 3° | 6° | 9° | 12° | 15°

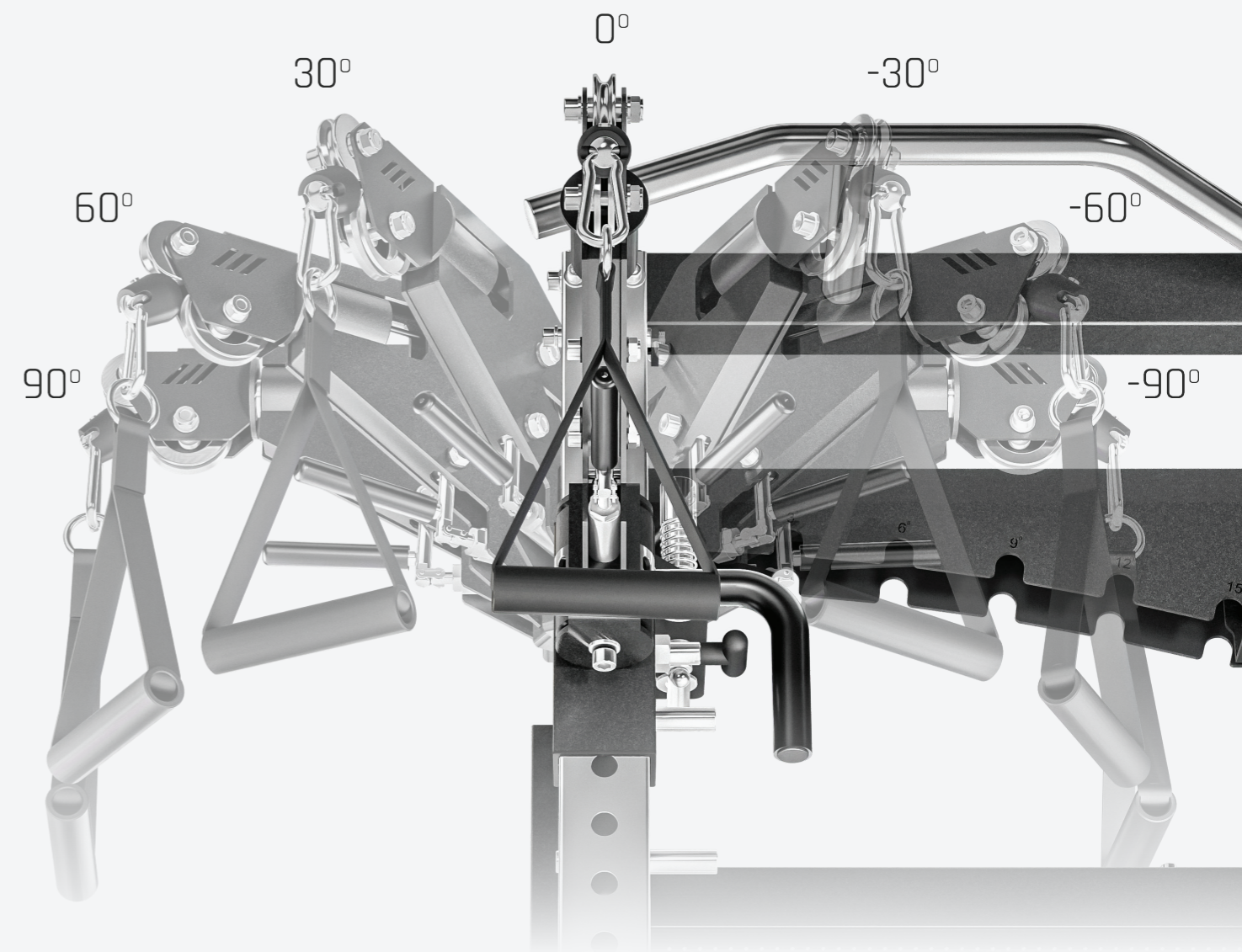
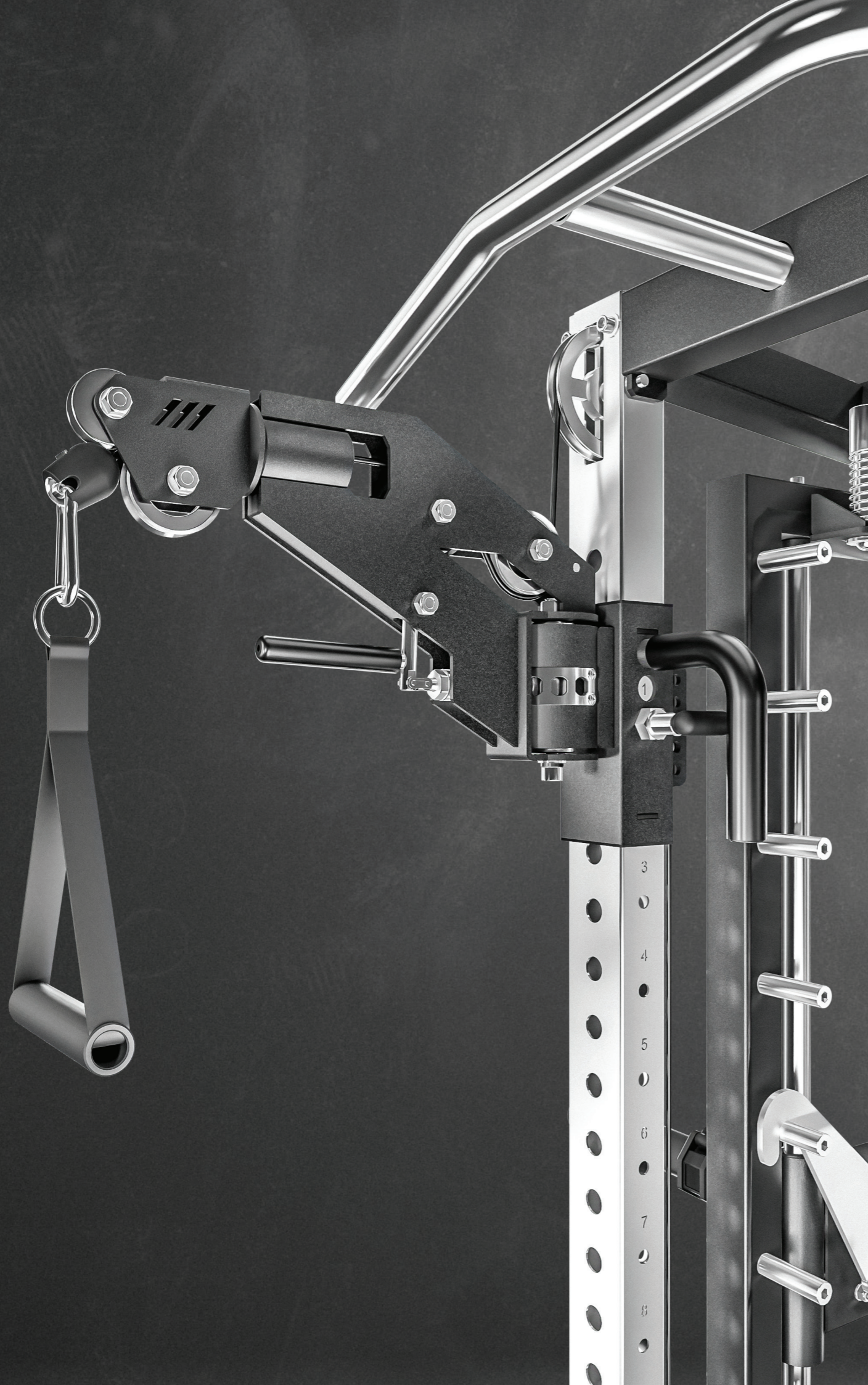
The unique attachment fixing cradles allow for ease of attaching and detaching any of the six smith handles, bars and leg press plate.

Attachments:

Short Handles | D-Handles | Long Bar
Multi-Grip | Safety Squat Bar | Leg Press Plate

ATTACHMENTS





CABLES WITH RANGE

ALFA has taken standard cable systems to a new level with its multi-directional front pulley sliders. In addition to its generous 22 vertical settings, it also boasts 7 horizontal positions for precise movement angles.

Horizontal Degrees:

90° | 60° | 30° | 0° | -30° | -60° | -90°

Attachments:

D-Handles | Tricep Rope | Short Bar | Close Grip | Lat Bar



STACKS OF WEIGHT

ALFA offers you ample weight to push your limits with twin 90kg precision cut steel weight stacks.

Pulley Ratio:
2:1

Attachments:
Magnetic Additional Weight Horns



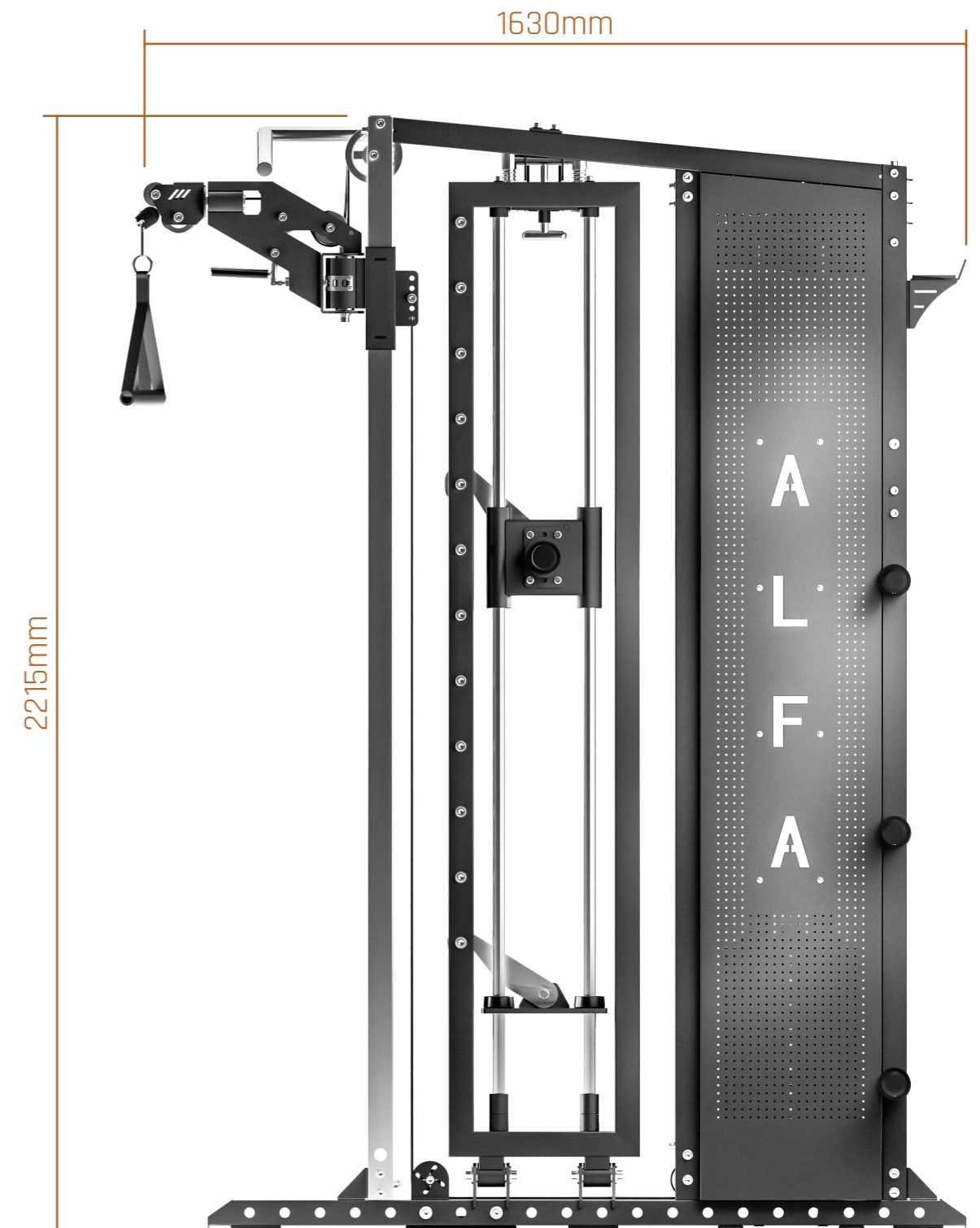
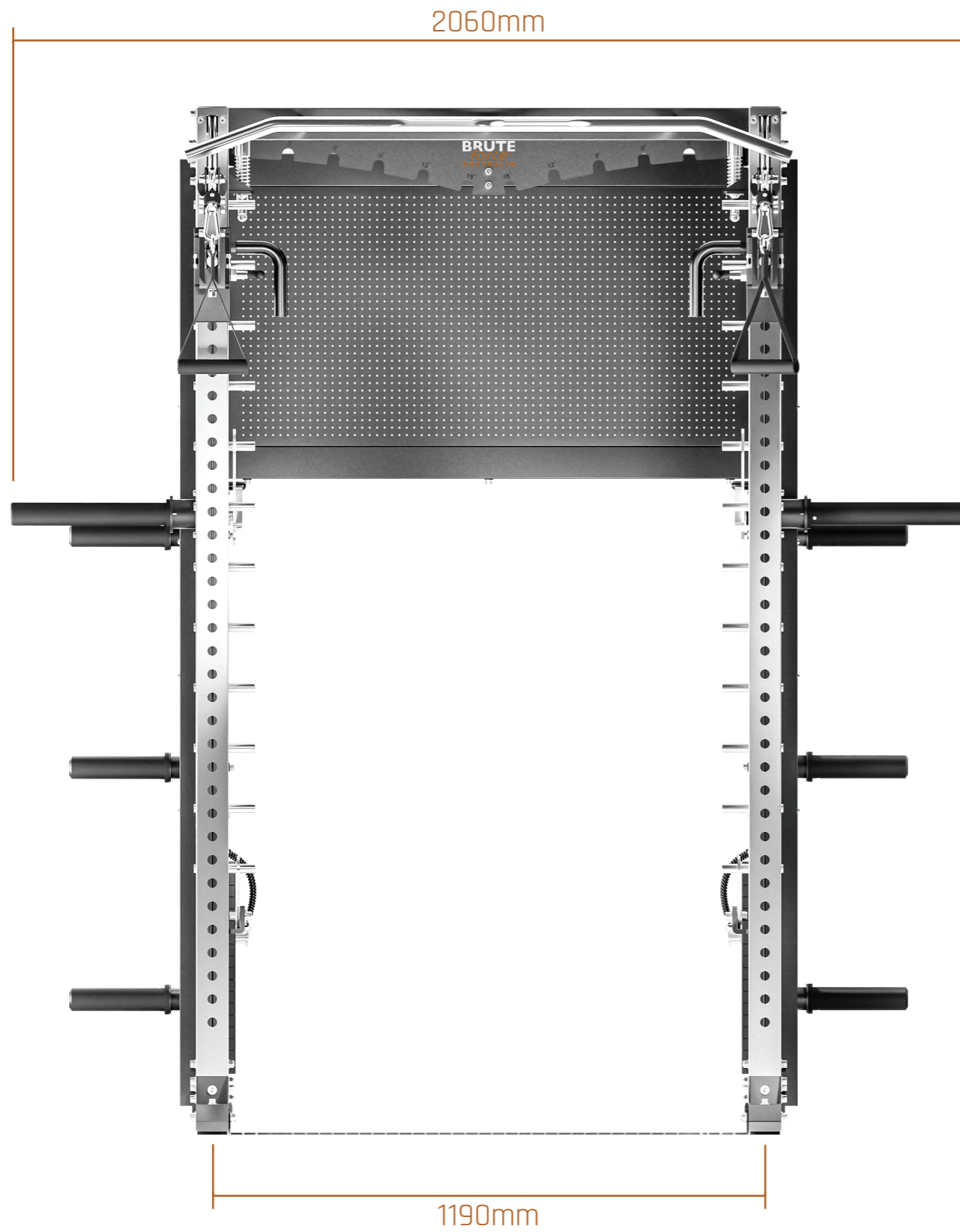
RACKS FOR WEIGHT

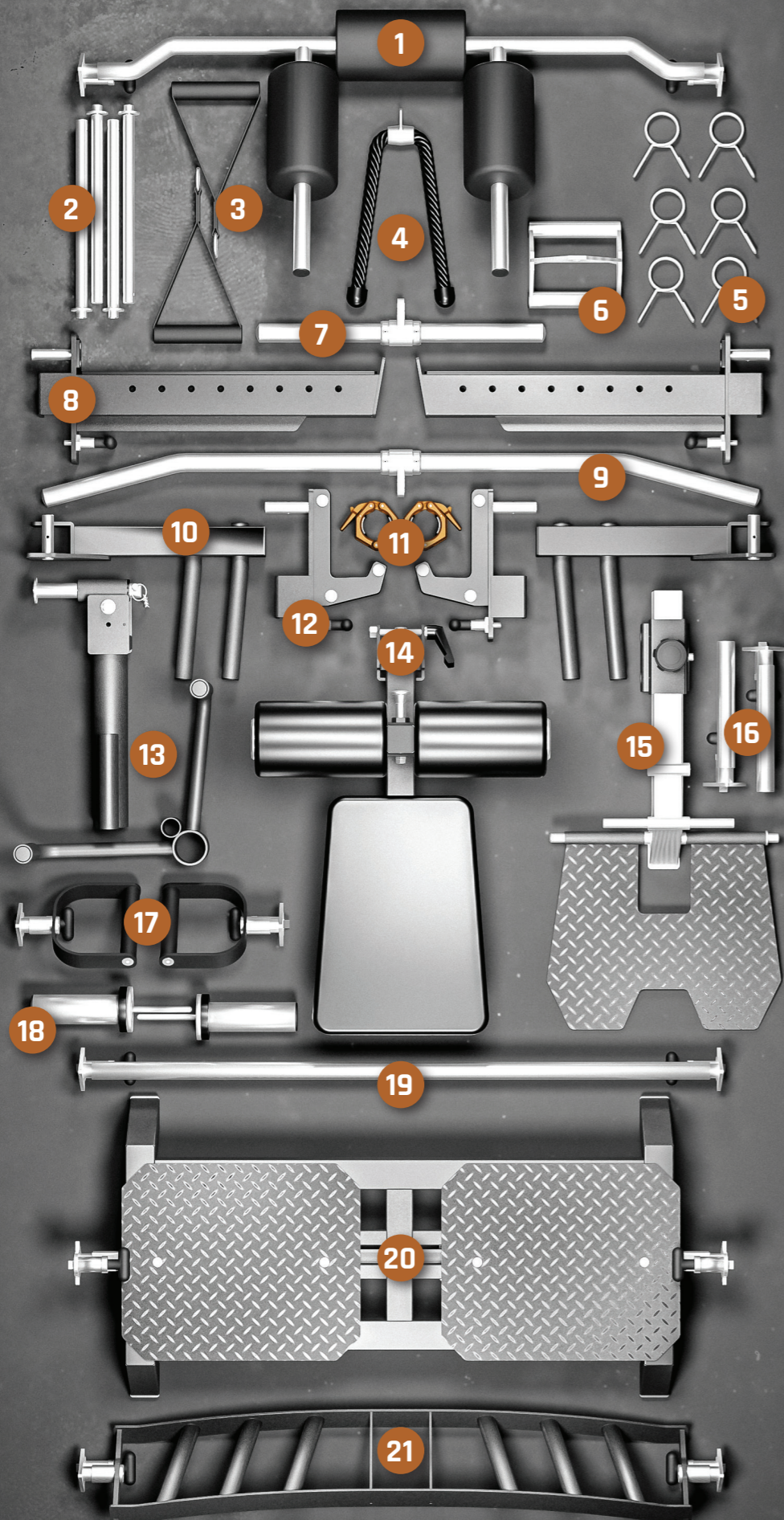
Besides the standard J-Hooks and Spotter Arms, ALFA's front Half Rack houses the Lat Pull Down Seat and anchoring pads, plus the Seated Row Foot Plate.

Attachments:

J-Hooks | Spotter Arms | Dipping Handles
Lat Pull Down Seat | Seated Row Foot Plate
Core Trainer

DIMENSIONS THAT FIT





ACCESSORIES INCLUDED

1. Safety squat bar
2. 4x band pegs
3. 2x D-handles
4. Tricep rope
5. 6x Spring collars
6. Close-grip handle
7. Short bar
8. 2x Spotter arms
9. Long bar
10. 2x Dipping handles
11. 2x Snap lock collars
12. 2x J-hooks
13. Core trainer
14. Lat pull down seat
15. Seated row foot plate
16. 2x short smith handles
17. 2x smith D-handles
18. 2x magnetic weight horns
19. Long smith bar
20. Alternate bilateral leg press & dead lift platform
21. Multi grip smith bar

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Follow BRUTEforce Australia on social media for the latest updates on ALFA and all other future products.



Scan the QR code for exclusive ALFA content.



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