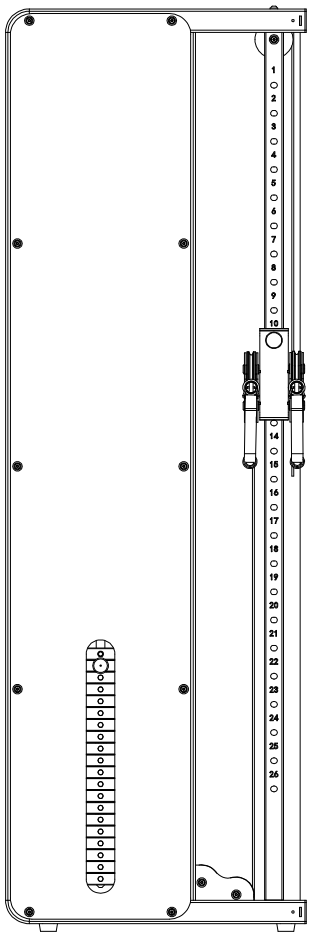
SWISS

STRENGTH MACHINES

SW-01 WALL MOUNTED FUNCTIONAL TRAINER

USER MANUAL



TO OBTAIN THE WARRANTY OF THIS PRODUCT, WE RECOMMEND THAT A QUALIFIED TECHNICIAN CARRIES OUT THE FULL ASSEMBLY.

CAUTION

BEFORE USING THIS EQUIPMENT. READ ALL PRECAUTIONS AND INSTRUCTIONS IN THIS MANUAL KEEP THIS MANUAL FORFUTURE REFERENCE.

IMPORTANT SAFETY INSTRUCTIONS

Warning:

1.Before using the wall-mounted comprehensive trainer, check if the screws are tightened.

2.Make necessary adjustments according to your weight.

3.Perform actions with control, at a steady and slow pace for better results.

4.Gradually increase the weight during exercise.

Caution:

1.Before starting any exercise routine, consult with a doctor.
2.Check if all bolts on the equipment are tightened.
3.Intense exercise should only begin 40 minutes after meals.
4.Wear sports clothing and shoes before starting exercise.
5.Warm-up before exercising to prevent injuries.
6.Keep children away from the machine to avoid accidents.
7.Provide appropriate care, guidance, and supervision for the elderly, children, and people with disabilities.
8.Do not insert any objects into any part of the equipment, as it may cause damage.

Warranty Information:

Warranty Coverage:
The warranty covers non-human damage that occurs during the correct maintenance and normal use of the product. The warranty card is only valid for the original purchaser and is non-transferable.

Warranty Period:

For home use:
. Lifetime warranty for the steel frame structure.
. 12 months warranty for other components.
. Free labor for repairs within 1 year.

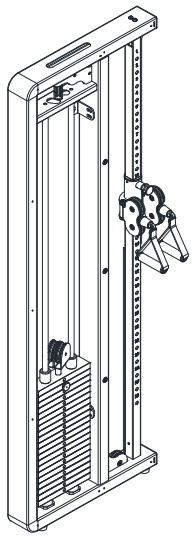
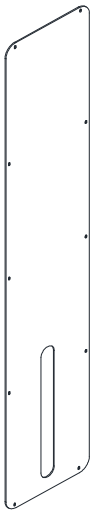
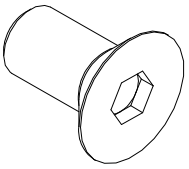
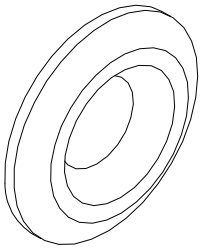
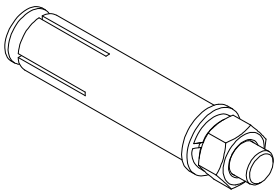
The following cases are not covered by the warranty:

1.Damage caused by misuse, negligence, accidents, or unauthorized modification.;
2.Damage caused by incorrect adjustment of the steel wire rope.;
3.Other damages resulting from improper operations.

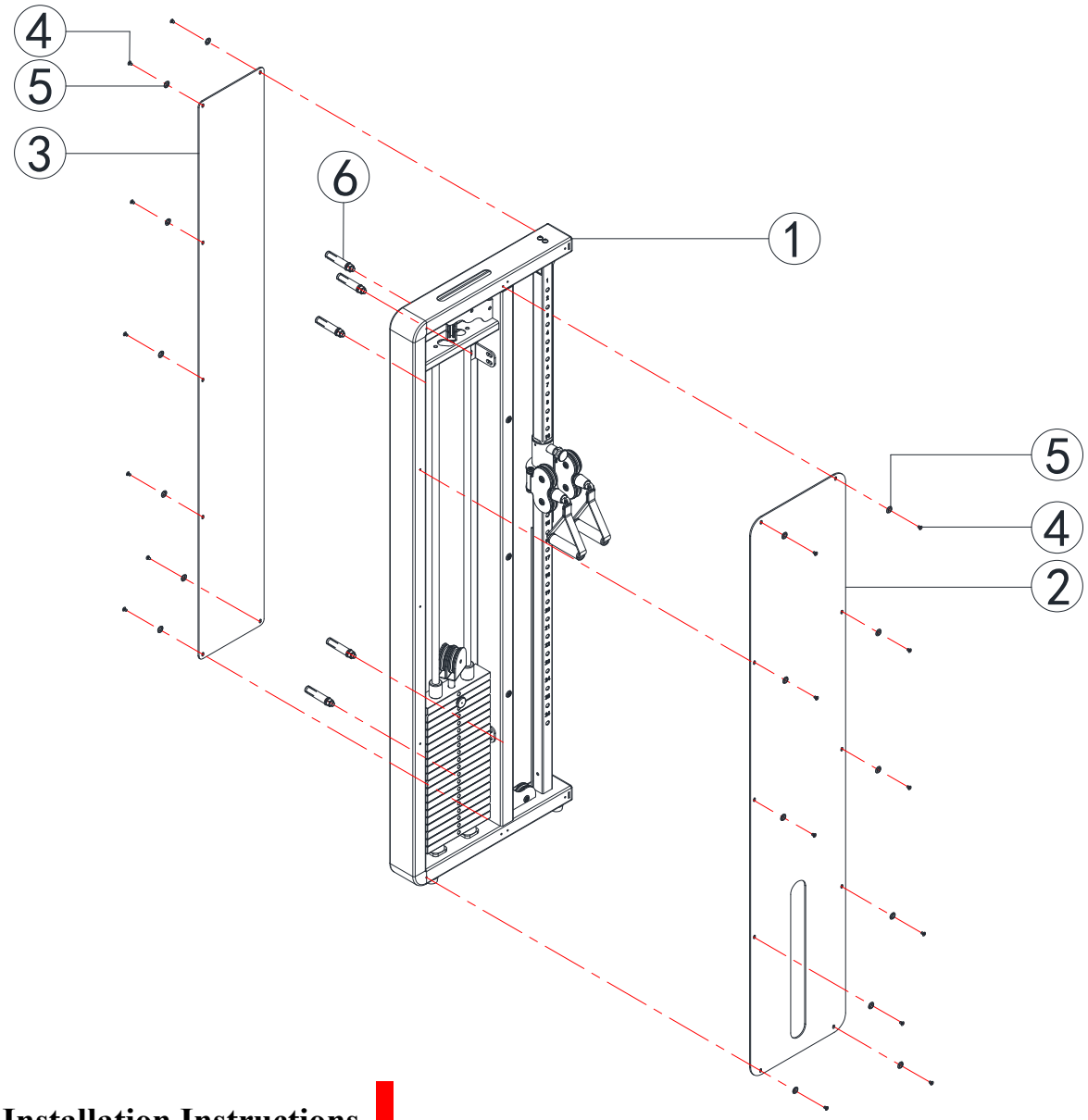
Repair and Maintenance Services

All accessories for the double-pull wall-mounted comprehensive trainer can be ordered from local dealers, who can provide the necessary services.

Parts Catalog

Main Frame Assembly			Front Plate			Rear Plate			M6*16 Countersunk Hex Screws		
											
1		1 pcs	2		1 pcs	3		1 pcs	4		17pcs
Aluminum Washer			Expansion Screws								
											
5		17pcs	6		5 pcs						

Installation Diagram



Installation Instructions

1.In a suitable installation position, use the prepared 4 expansion screws (optional) to secure them to the wall.

2.Use M6*16 flathead hex screws and aluminum washers to fix the front and rear panels in their respective positions on the equipment.

Maintenance Instructions

Adjusting the Length of the Steel Wire Rope:

For optimal use of the trainer, after prolonged use, the steel wire rope may elongate. It is necessary to adjust the steel wire rope to the best state.

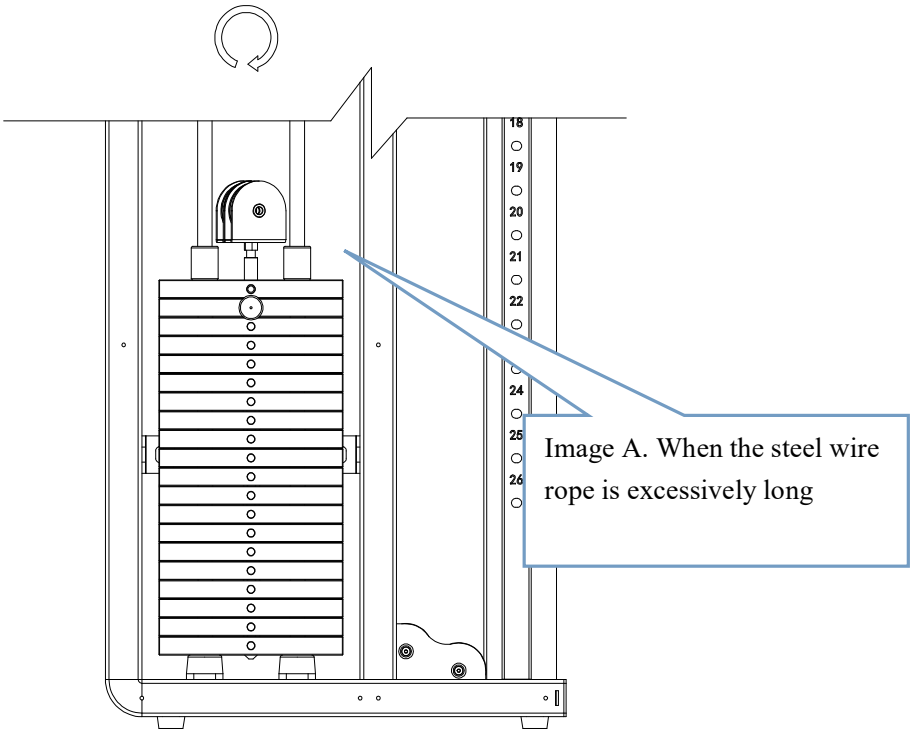


Image A. When the steel wire rope is excessively long

Steel Wire Rope Adjustment

1.Remove the front cover of the trainer.

2.If the steel wire rope is too long, use an open-end wrench and hex wrench to loosen the M10 nut, then remove the pulley (be careful not to change the direction of the steel wire

rope). Rotate the double pulley seat counterclockwise 1-2 turns to adjust the steel wire rope to the appropriate length. Finally, install the pulley and tighten the nut.

