

INBODY 570



Advanced Analysis



GIVE YOUR CLIENTS AN ADVANCED INBODY CONSULTATION. BESIDES FAT AND MUSCLE MASS, FLUID ACCUMULATION IS MEASURED. WHICH CAN BRING TO LIGHT HIDDEN HEALTH PROBLEMS.

Go beyond muscle & fat

The InBody 570 goes beyond traditional body composition analysis. It not only analyzes how much fat and muscle you have, but it also measures your Total Body Water and divides it into Intracellular Water and Extracellular Water- values important for understanding a user's fluid distribution in medical, wellness, or fitness contexts.

With these water values, you can identify and track inflammation, swelling, and even injuries with ECW/TBW Analysis while monitoring how this ratio changes over time with the Body Composition History chart.

KEY FEATURES



45 SECONDS
Quick and easy body composition test.



LEAN MASS
Provides lean mass values for each body segment in pounds.



NO ESTIMATIONS
Only impedance is used to calculate your results; no statistical data needed.



BODY WATER
Divides Total Body Water into Intracellular Water and Extracellular.



HISTORY
Tracks changes on the Body Composition History chart on the result sheet.



BODY FAT
Provides segmental fat and visceral fat analysis.

THE TEST

Give your clients their initial InBody Test. This will show them their current health standing and highlight areas for improvement.

THE PROCESS

Craft a unique nutritional plan and exercise regimen for each client to optimize their fat loss and muscle gain.

THE RESULTS

Test your clients every 2-4 weeks to show them how their body composition improves over time to inspire them to stay on track.



THE SUCCESS FORMULA



VALIDATE YOUR SERVICES

Prove the quality of your services on paper. Give your clients their results in black and white and show them how they can improve.



GENERATE CLIENT LOYALTY

Show your clients you're with them every step of the way on their health and fitness journeys. Inspire your members to focus on changes that really matter based on their InBody Test results.



INCREASE YOUR BOTTOM LINE

Boost your ROI and revenue by offering complimentary consultations with InBody Tests.

ACCESSORIES



Blood Pressure Monitor



Stadiometer



Data Management Software

PRODUCT SPECIFICATIONS

FREQUENCIES
5, 50, 500 kHz

TEST DURATION
45 seconds

AGE RANGE
3-99 years

HEIGHT RANGE
95 - 220 cm

WEIGHT RANGE
10 - 250 kg

PRODUCT WEIGHT
24 kg

DATABASE
100,000 results

DIMENSIONS
522 x 893 x 1113
(L x W x H) : mm

WARRANTY
2 Year Manufacturer's Warranty

COMPATIBLE PRINTERS
Laser/Inkjet PCL 3 or above and SPL

ADDITIONAL FEATURES
Lookin'Body 120 and Lookin'Body
Web Compatible, Touch Screen, Voice
Guidance System, Wi-Fi/Bluetooth
Connectivity, Security Access Code,
Foldable Design

MEASUREMENTS
15 impedance measurements 3 fre-
quencies at each of the 5 segments
(Right Arm, Left Arm, Trunk, Right Leg,
Left Leg)

OUTPUTS

Weight, Total Body Water, Fat Free
Mass, Body Fat Mass, Skeletal Muscle
Mass, Body Mass Index, Percent Body
Fat, Segmental Lean Analysis, Body
Composition History, Body Fat-Lean
Body Mass Control, Basal Metabolic
Rate, Segmental Impedance at each
Frequency

ACCESSORIES(INCLUDED)

InBody Result Sheets, InBody Tissues

ACCESSORIES(OPTIONAL)

Carrying Case, Thermal Printer, Blood
Pressure Monitor, Stadiometer, USB
Thumb Drive

INTEGRATIONS

Technogym, eGYM, Milon Circle,
Myzone

InBody

| | | | | |
|----------|---------|-----|--------|------------------|
| ID | Height | Age | Gender | Test Date / Time |
| Jane Doe | 156.9cm | 51 | Female | 2018.05.04.09:46 |

Body Composition Analysis

InBody Score

Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

| | |
|----------------|-----------|
| Target Weight | 53.0 kg |
| Weight Control | - 6.1 kg |
| Fat Control | - 10.8 kg |
| Muscle Control | + 4.7 kg |

BMI ☒ Normal ☐ Under ☐ Slightly Over ☐ Over

Body Balance Evaluation

| | | | |
|-------------|--|--|--|
| Upper | <input checked="" type="checkbox"/> Balanced | <input type="checkbox"/> Slightly Unbalanced | <input type="checkbox"/> Extremely Unbalanced |
| Lower | <input checked="" type="checkbox"/> Balanced | <input type="checkbox"/> Slightly Unbalanced | <input type="checkbox"/> Extremely Unbalanced |
| Upper-Lower | <input type="checkbox"/> Balanced | <input type="checkbox"/> Slightly Unbalanced | <input checked="" type="checkbox"/> Extremely Unbalanced |

| | | |
|-----------|----------|--------|
| Right Arm | (1.7kg) | 194.4% |
| Left Arm | (1.8kg) | 198.4% |
| Trunk | (12.4kg) | 248.5% |
| Right Leg | (3.0kg) | 132.1% |
| Left Leg | (3.0kg) | 131.3% |

| | | |
|--------------------------|-----------|---------------|
| Intracellular Water | 15.9 L | (16.7 ~ 20.5) |
| Extracellular Water | 10.7 L | (10.0 ~ 12.5) |
| Basal Metabolic Rate | 1149 kcal | |
| Waist-Hip Ratio | 1.00 | (0.75 ~ 0.85) |
| Visceral Fat Level | 14 | (1 ~ 9) |
| Obesity Degree | 112 % | (90 ~ 110) |
| Bone Mineral Content | 2.15 kg | (2.05 ~ 2.51) |
| Body Cell Mass | 22.8 kg | (23.9 ~ 29.3) |
| Arm Circumference | 29.6 cm | |
| Arm Muscle Circumference | 25.0 cm | |

Scan the QR Code to see results interpretation in more detail.



| | RA | LA | TR | RL | LL |
|----------------------------|-------|-------|------|-------|-------|
| Z (Ω) 5kHz | 373.1 | 385.4 | 25.7 | 303.0 | 314.1 |
| 50kHz | 337.2 | 352.5 | 23.0 | 282.3 | 289.8 |
| 500kHz | 297.4 | 311.5 | 19.1 | 258.1 | 267.8 |

| | | Under | | Normal | | Over | | | | | | | | | |
|----------------------|------|---|----|--------|-----|------|-----|-----|-----|-----|-----|-----|---|--|--|
| Weight | (kg) | 65 | 70 | 85 | 100 | 115 | 130 | 145 | 160 | 175 | 190 | 205 | % | | |
| | |  | | | | | | | | | | | | | |
| | | 59.1 | | | | | | | | | | | | | |
| SMM | (kg) | 70 | 80 | 90 | 100 | 110 | 120 | 130 | 140 | 150 | 160 | 170 | % | | |
| | |  | | | | | | | | | | | | | |
| | | 18.8 | | | | | | | | | | | | | |
| Body Fat Mass | (kg) | 40 | 60 | 80 | 100 | 160 | 220 | 280 | 340 | 400 | 460 | 520 | % | | |
| | |  | | | | | | | | | | | | | |
| | | 23.0 | | | | | | | | | | | | | |

| | Under | Normal | Over |
|--|--|--------|------|
| BMI Body Mass Index (kg/m ²) | 10.0 15.0 18.5 21.0 25.0 30.0 35.0 40.0 45.0 50.0 55.0 | 24.0 | |
| PBF Percent Body Fat (%) | 8.0 13.0 18.0 23.0 28.0 33.0 38.0 43.0 48.0 53.0 58.0 | 38.9 | |

| | Under | Normal | Over |
|------------------|-------------|--------------|------|
| Right Arm | (kg) (%) | 1.89 94.4 | |
| Left Arm | (kg) (%) | 1.82 90.8 | |
| Trunk | (kg) (%) | 17.0 93.5 | |
| Right Leg | (kg) (%) | 4.86 76.7 | |
| Left Leg | (kg) (%) | 4.78 75.5 | |

| | Under | Normal | Over |
|-----------|---|--------|-------|
| ECW Ratio | 0.320 0.340 0.360 0.380 0.390 0.400 0.410 0.420 0.430 0.440 0.450 | | 0.397 |

| Weight (kg) | 65.3 | 63.9 | 62.4 | 61.8 | 62.3 | 60.9 | 60.5 | 59.1 |
|-------------------------------|-------|-------|-------|-------|-------|-------|-------|-------|
| SMM Skeletal Muscle Mass (kg) | 20.1 | 20.0 | 19.7 | 19.7 | 19.8 | 19.7 | 19.8 | 18.8 |
| PBF Percent Body Fat (%) | 41.3 | 40.7 | 39.2 | 39.0 | 39.4 | 38.6 | 37.8 | 38.9 |
| ECW Ratio | 0.399 | 0.398 | 0.396 | 0.396 | 0.397 | 0.396 | 0.398 | 0.397 |

☒ Recent
 ☐ Total

| | 14.10.10 09:15 | 14.10.30 09:40 | 14.11.02 09:35 | 14.12.15 11:01 | 15.01.12 08:33 | 15.02.10 15:50 | 15.03.15 08:35 | 15.05.04 09:46 |
|-------------------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|
| Weight (kg) | 65.3 | 63.9 | 62.4 | 61.8 | 62.3 | 60.9 | 60.5 | 59.1 |
| SMM Skeletal Muscle Mass (kg) | 20.1 | 20.0 | 19.7 | 19.7 | 19.8 | 19.7 | 19.8 | 18.8 |
| PBF Percent Body Fat (%) | 41.3 | 40.7 | 39.2 | 39.0 | 39.4 | 38.6 | 37.8 | 38.9 |
| ECW Ratio | 0.399 | 0.398 | 0.396 | 0.396 | 0.397 | 0.396 | 0.398 | 0.397 |

TOTAL BODY WATER
See Total Body Water divided into Intracellular Water and Extracellular Water to monitor a user's fluid distribution.

Determine how much fat is in each segment of the body with this section. Fat levels are sorted into under, normal, and over ranges.

Users should have Visceral Fat Levels of 10 or less. Higher levels of visceral fat increase a user's risk of health problems and diseases.

The ECW ratio can help treating clients that are dehydrated or have health problems like inflammation, injuries, diabetes, kidney problems and cardiovascular disease.

Track how a user's ECW/TBW changes over time on the Body Composition History chart.