



SF5 SMITH FUNCTIONAL TRAINER

Model #: SF5.1

DIMENSIONS

Weight

631 lb / 286 kg

Product Dimensions

L - 45 in / 114 cm

W - 59 in / 150 cm

H - 84 in / 213 cm

Residential Warranty

Limited Lifetime on frame, finishes & all parts

Optional Storage - Maximize storage with an optional free weight storage rack, specially designed for the SF5

Shown left, free weights not included

FEATURES

Patented Smith Bar

Unique, counter-balanced smith bar is directly tied into the weight stacks, allowing for seamless exercises with comfort and ease.

Loaded with Extras

A tablet holder and accessories are included with built-in storage for everything it comes with.

Weight Multiplier

Heavy lifters welcome, as you can double the weight on the Smith Bar with the unique weight multiplier feature.



SPECIFICATIONS

Frame - Heavy-duty steel, matte black powder coat

Weight Stacks - 2 x 160 lb / 73 kg
(2:1 ratio for 82.5 lb / 37.42 kg per pulley)

Built-In Storage - Accessory rack, tablet holder, rack for Folding Adjustable Bench, cup holder

Smith Bar - Starting weight 30 lb / 13.6 kg

Weight Multiplier - Doubles weight for heavy lifters, while using the Smith Bar (320 lb / 145 kg max on Smith Bar)

Included Accessories - Triceps Rope, 2 x 2-Ring Rubber D Handles, Dual Hook Curl Bar, Ankle Strap, Chin/Dip Belt, 2 x 5 lb Add-On Weight