

INSTINCT



SMITH MACHINE

As weight training gains momentum, guests and residents seek fitness centers tailored to their lifting requirements. Enter the Instinct Smith Machine—an essential piece of weight training equipment featuring a fixed barbell within sturdy steel rails, enabling precise vertical movement. Adjustable to multiple heights, it facilitates diverse exercises like squats, bench presses, and overhead presses, catering to varied fitness goals with ease and efficiency.

- Dims: 52.36" L x 88" W x 88" H* (133.07 x 223.52 x 223.52 cm)
- European designs with soft tubing profiles
- Angled weight horns for improved storage
- Micro adjustments on safety catches
- Counterbalanced Olympic Bar, starting 16 lbs.
- Internal linear bearings

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9NN-L8506-60AAS



BASE FEATURES

WIDTH	52.36 in (133 cm)
LENGTH	88 in (223.5 cm)
HEIGHT	88 in (223.5 cm)
OVERALL WEIGHT	445.5lb (202kg)
SHIPPING WEIGHT	504.lb (229kg)
FRAME COLOR/FINISH	Black -60: Frame Chrome: Guide Rods/Safety Catches & Rack/Weight Bar & Horns Red: Safety Catch Adjustment Handles
SAFETY CATCH & STOPS	Yes

Core Health & Fitness is more than gym equipment, we offer innovative solutions for all your facility needs. Whether working with us directly or through our partners and distributors worldwide, we provide the highest quality equipment backed by a service and support team that will always go the extra mile to get you what you need, when you need it. Partner with us and see how our Core Values motivate our every decision.

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