



Biceps Curl / Triceps Extension

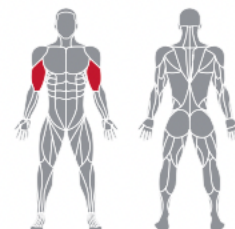
SP-4607

FEATURES

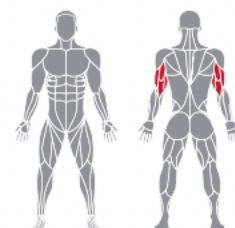
- Angled arm pad helps limit shoulder movement for focus on Biceps and Triceps
- Easily adjust machine Cam to switch between these opposing muscle exercises
- Machines axis of rotation and pivoting arm are optimized for proper feel
- Small back pad helps increase stability for Triceps exercise
- Integrated rep counter and built-in storage on top cap

PRODUCT DIMENSION	1115 x 1310 x 1580mm / 44" x 52" x 62"
WEIGHT STACK	100kg / 220lb (10lb x 2pcs + 20lb x 10pcs) The incremental weight : 5lb
PRODUCT WEIGHT	182kg / 401lb
CARTON DIMENSION	
CARTON A	1390 x 600 x 125mm / 54" x 24" x 5"
CARTON B	1520 x 580 x 260mm / 60" x 23" x 10"
CARTON C	1220 x 950 x 510mm / 48" x 37" x 20"
CARTON D	630 x 210 x 340mm / 25" x 8" x 13"
CARTON E	530 x 500 x 290mm / 21" x 20" x 11"

BICEP CURL



TRICEPS EXTENSION



Leg Press / Calf Extension

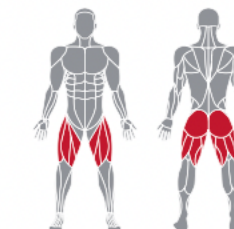
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FEATURES

- Footplate and back pad angle adjust for ideal setup for both leg and calf pressing
- Footplate four-bar linkage helps maintain ideal ankle alignment throughout exercise
- Footplate has an angled lower section to help with calf press positioning
- Integrated rep counter and built-in storage on top cap

PRODUCT DIMENSION	1940 x 1135 x 1580mm / 76" x 45" x 62"
WEIGHT STACK	132kg / 290lb (10lb x 1pc + 20lb x 14pcs) The incremental weight : 5lb
PRODUCT WEIGHT	298kg / 657lb
CARTON DIMENSION	
CARTON A	1390 x 600 x 125mm / 54" x 24" x 5"
CARTON B	1520 x 580 x 260mm / 60" x 23" x 10"
CARTON C	1890 x 830 x 510mm / 74" x 33" x 20"
CARTON D	1200 x 90 x 400mm / 47" x 4" x 16"
CARTON E	530 x 500 x 290mm / 21" x 20" x 11"

LEG PRESS



CALF EXTENSION

