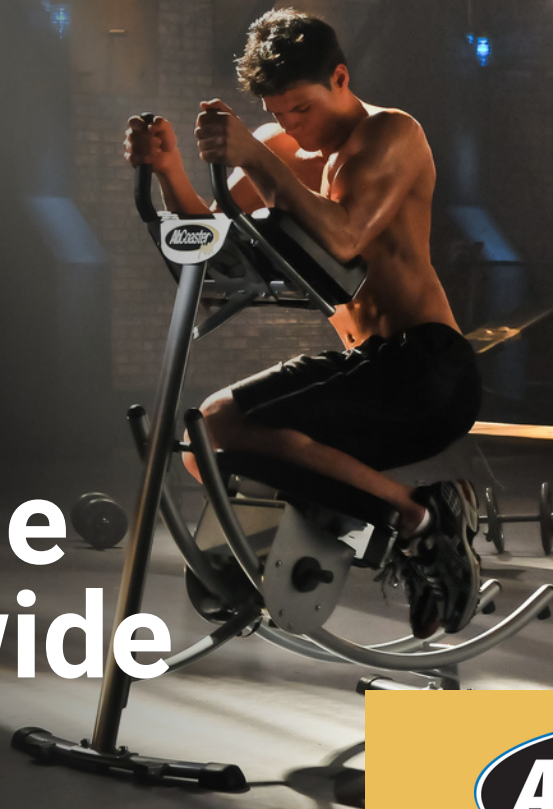




We Change Lives from the Core®

#1 Ab Machine Worldwide



ABOUT THE AB COASTER® PS500

The Ab Coaster® is the #1 Ab Machine in the world. The AbCoaster® PS500 combines the simplicity of the ab crunch with the effectiveness of the hanging leg raise. Unlike traditional crunches, the AbCoaster® works your abs from the “bottom up,” while limiting stress to your neck, back and shoulders.

Dimensions:

L 51" x W 25" x H 50"
(129 cm x 64 cm x 127 cm)
Unit Weight: 56 lb (23 kg)

FEATURES

- Free Swivel Seat for oblique training
- 300 LB user weight capacity
- 20LB weight capacity
- Easy move casters
- Patented Design



Digital workout Counter Tracks your workout for maximum results!



Standard Plate Loading Capacity Training range of 20-40LBS (Weights sold separately)



Great for targeting lower abs. Free Swivel Seat effectively trains the obliques.

1-866-219-5335

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