



We Change Lives from the Core®

Leg Training Redefined



x3s
BENCH BY ZAK LEE

ABOUT THE X3S™ BENCH

This simple machine delivers the best design for a complete abs, legs, and glute workout. The incline bench attachment makes the X3S™ more versatile and can assist with those working their way up to the full stand-up movement.

Dimensions:

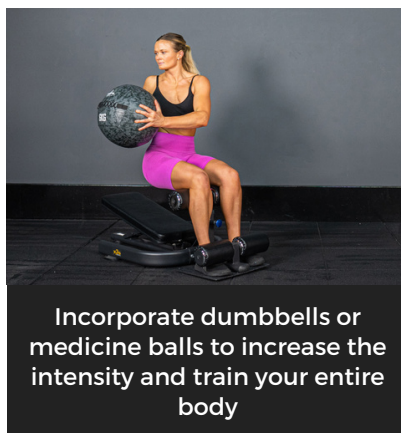
L 40" x W 29" x H 15"

(101 cm x 73 cm x 38 cm)

Unit Weight: 80 lb (36 kg)

FEATURES

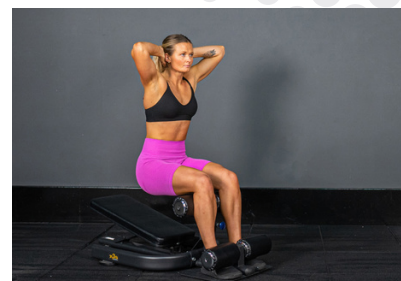
- 3-level adjustable incline bench
- Unlimited Training variety
- Space friendly
- Height limit 5'0" - 6'5"
- Designed for portability & easy storage



Incorporate dumbbells or medicine balls to increase the intensity and train your entire body



Adjustable incline bench creates unlimited training variety and hundreds of exercise combinations.



Incline bench attachment assists with those working their way up to the full stand-up movement.



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